

Towards a trauma-informed future: Analyzing the Need for and Impact of Trauma-Informed Care Training in a Family Medicine Residency Program

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OBJECTIVE: A growing body of research has demonstrated the importance of training in Trauma-Informed Care (TIC) during health professions education. Despite this trend, a relatively small amount of this research has focused on TIC training during medical residency.

METHODS: This is a pretest-posttest study examining the impact of two 2-hour interactive sessions designed to train residents to understand and implement the basics of trauma-informed care as well as to recognize and manage signs of provider burnout and countertransference. We will conduct a pre-training survey of resident knowledge and comfort in these areas using both quantitative (Likert-scale) and qualitative assessments. A post-intervention survey will be distributed to residents to again assess resident knowledge and comfort with the curriculum as well as feedback for curriculum improvement.